

## Important Notes to Read and Remember

**Skiing and Snowboarding are deemed a High Risk Sport - therefore during teaching injuries may occur, we suggest you are committed to learning this sport and understand the risks involved prior to booking with us.**

1. Instructors can be requested for private lessons however we **cannot guarantee** they will be available.
2. Private lessons are for 55 minutes only.
3. It is very difficult for an instructor to teach different abilities within a lesson, this will limit the learning process.
4. We will teach adults and juniors together, however, they learn at different rates and therefore this will limit the learning process.
5. Four, five and six year olds will ONLY be taught on a private lesson basis of maximum 2 children. (Not with their parents etc).
6. When booking onto a course you must be able to attend **all** sessions.
7. If there are 3 or less people attending a course Sandown Ski Centre reserve the right to reduce the course to two sessions. You will also be offered the alternative of transferring to another course or a full refund.
8. Only absolute beginners must attend a Beginners Ski Course. If you have skied before **do not** book onto a beginner's course.
9. Parents are requested to remain behind the gates and off the slopes during teaching and open practice.
10. Parents cannot assist their child during a lesson or open practice.
11. This document must be read, understood, agreed to and signed prior to the start of your / your child's first lessons / course. On arrival please hand to ski reception staff.

A Parent / Guardian must sign for persons under 16 years of age.

I have read, understood and agree to the information stated on this form.

Signature \_\_\_\_\_ Surname \_\_\_\_\_  
(Block capitals)

Date \_\_\_\_\_

## Rules & Regulations

(Please complete in block capitals)

Surname \_\_\_\_\_ Date \_\_\_\_\_

( Person attending)

First Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Postcode \_\_\_\_\_

Type of Lesson Ski  Snowboarding

Type of Party Ringo  Mini Ringo  Sledge  Ski

Course Code \_\_\_\_\_ School Group / Name \_\_\_\_\_

All persons attending tuition must sign both copies of our Rules and Regulations prior to their session.

1. Skiing, Snowboarding, Ringos, Sledging are deemed by the sports council to be high risk sports as the activities heighten the risk of personal injury. It is therefore of great importance that those using Sandown Ski facilities adhere to all rules, regulations, policies and signage. These are for both your and other slope users safety and enjoyment.
2. Sandown Ski Centre accepts no responsibility for any illness, personal injury, or any loss or damage to any individuals personal effects whilst they are on Sandown Ski Centre premises. Except in cases of proven negligence on our part or in the case of death.
3. Any persons using the facility who are deemed to be causing disruption or distress by either their language or actions can be ejected from the slopes by any member of Sandown Staff. No refund will be given.
4. Under no circumstance should a member of the public tamper with or adjust any equipment/item belonging to Sandown Ski Centre or its staff. Ask staff for assistance.
5. Sandown Ski Centre reserves the right to alter or cancel any form of tuition/practice session, without giving prior notice in situations such as but not exclusively limited to lift/flood light failure, high winds, electrical storms, staff illness.
6. Teaching is not permitted on the slope at any time, other than by Sandown Ski Instructors. Persons deemed to be teaching will be asked to leave the slope without a refund.
7. All persons attending the slopes must be correctly attired. The slope surface is abrasive, all clothing should be old and comfortable. Items required are listed below:

**Ski gloves/mittens**

**Tracksuit bottoms or jeans (not leggings)**

**Long thick socks**

**Full length long sleeved top**

**Waterproofs (we are an outdoor centre)**

A Parent / Guardian must sign for persons under 16 years of age.

I have read, understood and agree to the information stated on this form.

Signature \_\_\_\_\_

Surname \_\_\_\_\_ Date \_\_\_\_\_

(Block capitals)